



SAILING INSTRUCTIONS

37rd Annual

American Cancer Society Regatta

August 11, 2018

1. RULES

The regatta will be governed by the 2017-2019 Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association, the Sailing Instructions and for PHRF divisions - the PHRF regulations of the YRA of LIS, and for one design divisions - the rules of the participating one design class. The regatta is designated Category C and the "Minimum Equip Recommendations of the YRA of LIS will apply for all boats".

2. ENTRIES

Eligible boats may be entered by completing registration with the Mount Sinai Sailing Association.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board at the Mount Sinai Marina Guard Tower.

4. CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions or the schedule of races will be posted by 0900 hours on the day of the race.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed on the Mount Sinai Yacht Club flagpole or on the Race Committee Boat Docked on the Mt Sinai Yacht Club Water Front.

5.2 Flag 'AP' with two guns (one gun when lowered) means 'The race is postponed'. The

warning signal will be made not less than 60 minutes after AP is lowered.

5.3 Cancellation of races for the day will be indicated by code flag 'N' over 'A', with 3 guns. The Race Committee will attempt to contact racers not in the vicinity of the club over VHF channel 68.

6. SCHEDULE OF RACES

A single race will be conducted on Saturday, August 11th 2018.

1000	Harbor Start (R/C Boat fires 1 Gun)
1100	Warning Signal - First Division

7. RACING CLASSES

Boats will be assigned to racing classes at the discretion of the organizing authority. Boats may indicate their preference to race non-spinnaker, double-handed, or one design when submitting their application to race. Double Handed and One Design assignments will be made if the organizing authority deems a sufficient number of applicants are available for viable racing class divisions.

7.2 CRUISING CLASS

A cruising class may be established. Assignment to the cruising class is at the discretion of the organizing authority. Boats racing in the cruising class are generally those which do not regularly participate in a club racing program. Cruising Class boats may NOT use a spinnaker.

7.3 CLASS DESIGNATIONS

All boats shall fly their appropriate Class designation streamer (supplied in the race packet) from their backstay from the time they appear in the starting area until they have finished and cleared the finish area. The streamer color is the same as the Class Color defined in Table 1 (Section 11.2). In lieu of a streamer, a boat may fly the appropriate International Code Flag from their boats backstay to indicate the class. The Streamer or Flag must be conspicuously displayed.

8. RACING AREAS

The racing area will be approximately in the waters north of the Mt. Sinai Harbor Entrance.

9. COURSE

9.1 The course designation letters will be displayed by the race committee prior to the warning signal of the first division. The course displayed will apply to all divisions. The corresponding 'Mark' letter designation are listed on the last page of these sailing instructions.

9.2 All marks are to be passed to Port unless otherwise specified by the Race Committee. The Race Committee will designate any mark(s) to be passed to Starboard by displaying a green placard immediately following the corresponding displayed mark letter(s).

10. MARKS

10.1 Marks will be a government marks, MSSA Club marks or a combination of both. A description of the marks can be found at the end of this document.

11. THE START

11.1 Races will be started in accordance with Rule 26 of the Racing Rules of Sailing (RRS)

11.2 Class Flags:

Table 1		
Class	Color	Flag
Class 1	Yellow	
Class 2	Blue	
Class 3	Orange	
Class 4	Green	

11.3 The starting line will be between a staff displaying a R/C Flag on the race committee boat and either a government mark or a MSSA Club mark as stated on the last page of the sailing instructions. The committee boat may have an inflatable balloon secured to it. This shall be considered an extension of the committee boat for the purpose of Rule 31.

11.4 Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made.

11.5 Any boat starting later than 10 minutes **after** her starting signal will be scored 'Did Not Start' (DNS). This changes RRS Rules A4.2 and A5.

11.6 The Race Committee will attempt to identify 'On Course Side' (OCS) boats and broadcast their sail numbers via VHF Channel 68. Failure of a boat to see or hear a recall notification, and the timing and order of such a hail shall not be cause for redress. This changes RRS 62.1a.

11.7 All Boats shall identify themselves to the Race Committee by hailing with boat name, sail number and class on **VHF Channel 72** at the earliest opportunity, prior to their start. **DO NOT HAIL THE RC ON CHANNEL 68.** VHF CH 68 is reserved for RC announcements to the competitors.

11.8 A boat withdrawing before the start or retiring from the race for any reason is requested to notify the Race Committee via **VHF Channel 72** at the earliest possible opportunity.

12 CHANGE OF COURSE AFTER THE START

12.1 The Race Committee may abandon a race or shorten a course for any reason. This modifies rule 32.

13 THE FINISH

The finishing line will be between a staff displaying an R/C flag on a race committee boat and the nearby mark.

14 TIME LIMIT

The time limit for the regatta is 15:30 hrs. Any boat not finishing before 15:30 hrs will be scored a DNF.

15 PROTESTS

15.1 Protests should be on US Sailing protest forms available at the Mount Sinai Yacht Club. They must be filed with the protest committee within one hour of the time the race committee arrives at the Mount Sinai Yacht Club. Upon arrival, the race committee will hoist the R/C Flag on Mount Sinai Yacht Club flagpole. The time will be posted on the notice board.

15.2 The jury will hear protests in approximately the order of receipt as soon as possible.

15.3 **Penalties at the time of the incident:** A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or Rule 31 while racing.

15.4 **Penalties taken after the race:** A boat that has broken a rule of Part 2 or Rule 31 while racing may take a Post-Race Penalty for that incident. The penalty shall be a scoring penalty calculated as 20% or 1 boat position, whichever is greater but not worse than DNF. The boat must notify the race committee in writing and identify the race number, and the details of the incident. The race committee must receive the notification within one hour of the time the race committee arrives at the Mount Sinai Yacht Club.

16 SELF STEERING DEVICES

Boats that have only one or two persons onboard, including all crew and guests may use a self steering device. Self Steering is otherwise prohibited while a yacht is racing.

17 SCORING

All yachts are scored with PHRF scoring using time on distance method based on the yacht's windward/leeward PHRF Rating.

In addition to the traditional race, boats that made a charitable donation to 'buy' additional seconds/mile for the PHRF Buster are scored again in a separate "for fun" spinnaker/non-spinnaker fleet.

17. RADIO & TELEPHONE COMMUNICATIONS

The Race Committee will make radio transmissions pertaining to the conduct of race on **VHF Channel 68**.

Yachts making radio check-in and other communication with the Race Committee will restrict their calls to **VHF Channel 72**. The Race Committee may not respond to calls once the starting sequence has begun.

A boat shall neither make radio or telephone transmissions while racing nor receive radio or telephone communications not available to all boats.

18. INTERNET WEB SITE

The race committee may post the Notice of Race, Sailing Instructions, Scratch Sheet, and Results at its Web site www.mssa.org. Any such information is unofficial, competitors should obtain printed copies and consult the official notice board for final information.

19. DISCLAIMER OF LIABILITY

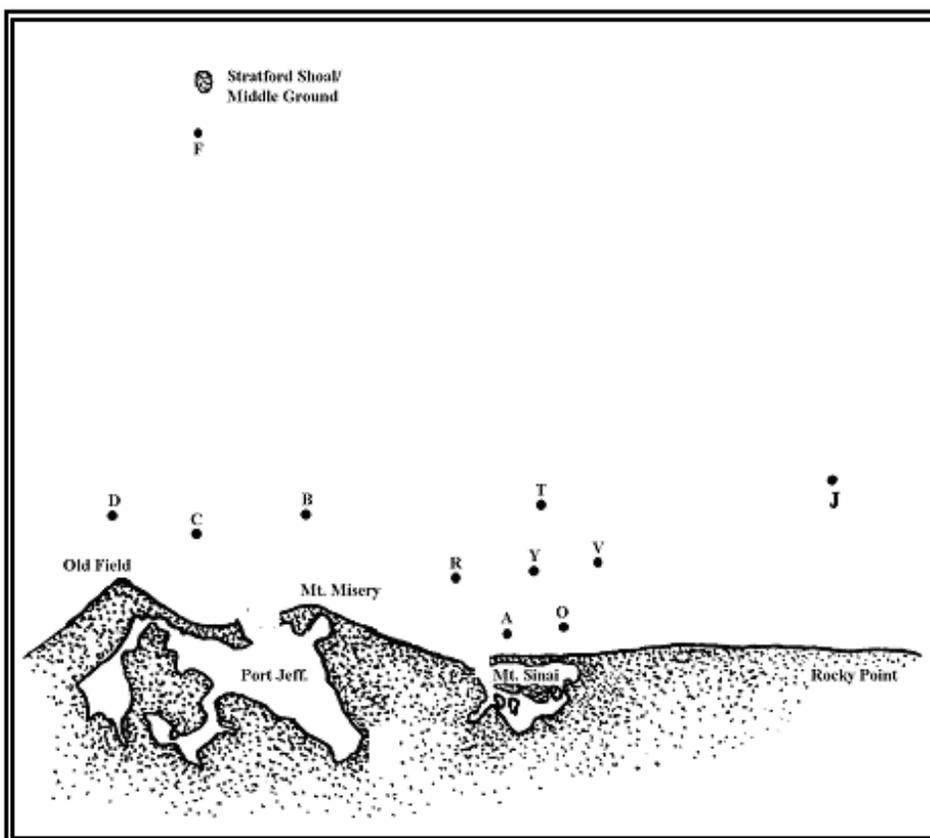
Competitors participate in the regatta entirely at their own risk. The organizing authority will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after the regatta.

DESCRIPTION OF MARKS

- "A" Club Mark – approx. .5 nautical miles North-East of the Mt Sinai Harbor Entrance
- "B" C"11" off Mt. Misery Point]
- "C" RW Mo (A) Bell, Port Jefferson
- "D" "11A" Gong off Old field Point
- "F" R"2" F1 4 sec. Gong, Middle Ground
- "J" C"9" - off Rocky Point
- "O" Club Mark - approx. .7 nautical miles on a heading of 85 degrees from "A"
- "R" Club Mark - approx. .85 nautical miles on a heading of 330 degrees from "A"
- "T" Club Mark - approx. 1.75 nautical miles on a heading of 30 degrees from "A"
- "V" Club Mark - approx. 1.5 nautical miles on a heading of 60 degrees from "A"
- "W" Club Mark - temporary (portable) mark to be placed 1 nautical mile directly windward of the starting line.
- "Y" Club Mark - located half-way between "A" and "T" approximately 0.97 nautical miles from A on a heading of 36 degrees from A.
- "Z" Club Mark - Z will be a temporary portable mark placed as the pin end of the starting line and may be used additionally as a turning mark if indicated in the course description.

MSSA Race Marks 2018*						
	A	Y	V	T	R	O
Latitude	40 58.294 N	40 59.105 N	40 59.297 N	40 59.952 N	40 58.823 N	40 58.382 N
Longitude	073 02.217 W	073 01.786 W	073 00.840 W	073 01.453 W	073 02.975 W	073 01.322 W

* Mark Locations are approximate



Not to Scale